

October 2017

Roland Elementary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Boiled Eggs, Toast, Cereal, Fruit Bar, Milk</p> <p>-----</p> <p>Meatballs w sauce Noodles, G. Beans Fruit, Milk, Salad bar</p>	<p>3 French toast Syrup, Cereal, Milk Fruit bar</p> <p>-----</p> <p>Egg Rolls, Rice Oranges, Cookies Salad bar, Milk</p>	<p>4 Muffins, Yogurt Cereal, Fruit bar Milk-----</p> <p>Corn Dogs, Baked Beans, Apples/ Dip Milk, Salad bar</p>	<p>5 Biscuit, White or Chocolate gravy Cereal, Fruit bar Milk</p> <p>-----</p> <p>Nachos, Beans Fruit, Milk Salsa, Salad bar</p>	<p>6 Pancakes, Syrup Bacon, Cereal, Fruit Bar, Milk</p> <p>-----</p> <p>Turkey n Cheese Wrap, Chips Sherbet, Fruit Salad bar, Milk</p>
<p>9 Breakfast bites Syrup, Cereal, Fruit bar, Milk</p> <p>-----</p> <p>Quesadilla Corn, Fruit Milk, Salad bar</p>	<p>10 Biscuit, Gravy Cereal, Juice, Milk Fruit -----</p> <p>Pork Chop Potatoes, Fruit Dinner Roll, Milk Salad bar</p>	<p>11 Breakfast Burrito and fixings Cereal, Fruit bar Milk -----</p> <p>Hot Dogs, Chili Fruit, Tots Salad bar, Milk</p>	<p>12 Bagels, Cream Cheese, Yogurt bar Milk, Fruit bar</p> <p>-----</p> <p>Spaghetti, Veggies Brownies, Milk Salad bar</p>	<p>13 Muffins, Yogurt Cereal, Fruit bar, Milk</p> <p>-----</p> <p>Sack Lunches</p>
<p>16 Pancake n stick Syrup, Cereal, Fruit Bar, Milk-----</p> <p>Hot Ham/Cheese Sandwich, Pork n Beans, Fruit, Milk Salad bar</p>	<p>17 Ham/Cheese Croissant, Cereal Milk, Fruit bar</p> <p>-----</p> <p>Burritos, Corn Fruit, Milk, Salad bar</p>	<p>18</p> <p style="text-align: center;">No School FALL BREAK</p>	<p>19</p> <p style="text-align: center;">No School FALL BREAK</p>	<p>20</p> <p style="text-align: center;">No School FALL BREAK</p>
<p>23 Breakfast Pizza Cereal, Fruit bar, Milk-----</p> <p>Chicken Strips, Biscuit, Potatoes Gravy, Salad bar Milk</p>	<p>24 Biscuit, Gravy Cereal, Fruit bar, Milk -----</p> <p>Pizza, Broccoli Cake, Fruit, Milk Salad bar</p>	<p>25 Eggs, Toast Cereal, Juice, Milk Fruit -----</p> <p>Smokies, Veggies Mac/Cheese Fruit, Milk, Salad bar</p>	<p>26 Oatmeal, Toast Cereal, Juice, Milk Fruit -----</p> <p>Sloppy Joes Chips, Sherbet Milk, Salad bar</p>	<p>27 Sausage Biscuit Yogurt bar, Milk, Fruit bar -----</p> <p>Chicken Tacos Refried Beans Cookies, Fruit, Milk Salad bar</p>
<p>30 Boiled Egg Toast, Cereal, Milk Fruit bar-----</p> <p>Corn Dogs, Baked Beans, Sherbet Salad bar, Milk</p>	<p>31 Waffle sticks Syrup, Cereal, Milk Fruit bar-----</p> <p>Chopped Steak Potatoes, Roll Salad bar, Milk, Fruit</p>			

This Institution is an equal opportunity provider and employer.

